

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Groups and Interested Parties

FROM: John Pandiani
Bill Bagdon

DATE: August 7, 1998

RE: CMHC Based Substance Abuse Programs

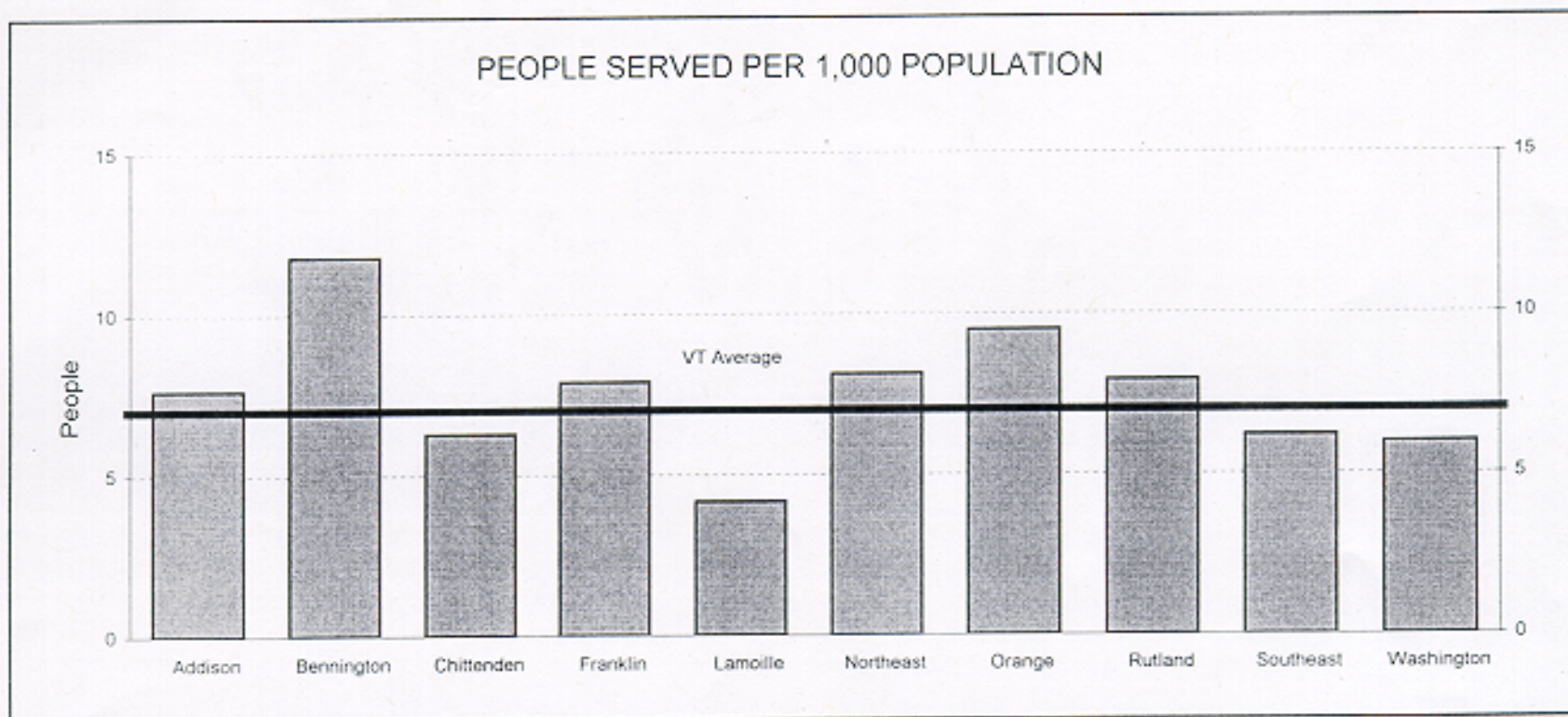
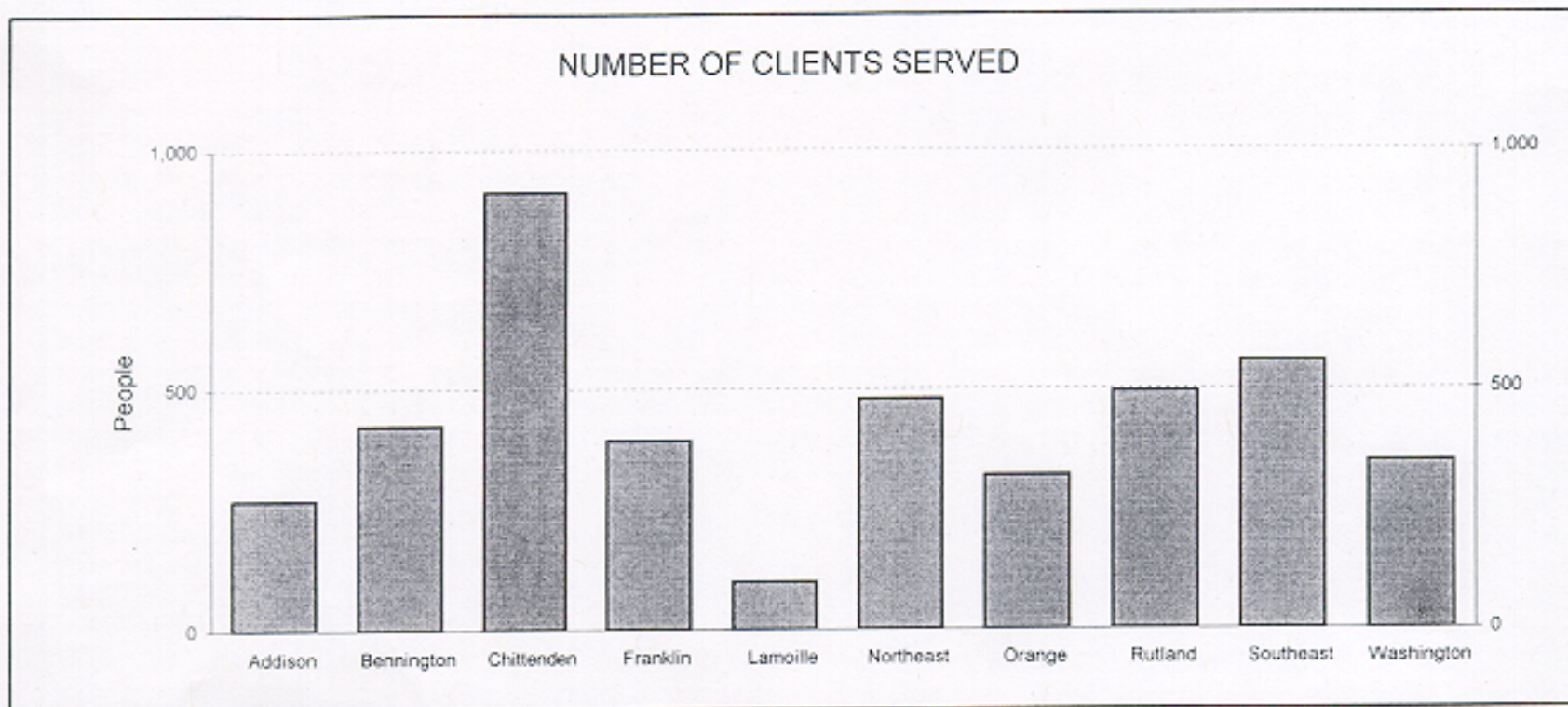
The attached tables continue our series on access to community mental health services in Vermont with an analysis of per capita utilization of CMHC based substance abuse treatment programs.

Because the substance abuse program affiliated with Howard Center serves clients in a number of different catchment areas, this week's penetration rates are based on the region of residence of the consumers, rather than the region of the provider agency. A separate table compares the region of residence of the consumer to the region of the CMHC reporting the services. This distinction has been raised as an issue for children's services programs as well.

It should be kept in mind that the utilization rates reported are incomplete because some substance abuse programs are not affiliated with CMHCs. It would be interesting to see what effect the inclusion of these other consumers has on overall penetration rates for the various regions of the state.

If you have any questions, please send e-mail to pip@ddmhs.state.vt.us, or give one of us a call (802-241-2638).

**CMHC BASED SUBSTANCE ABUSE PROGRAMS
PEOPLE SERVED PER 1,000 POPULATION
BY REGION , FY 1997**



| Region | Total Population | Total People Served | People Served Per 1,000 Population |
|------------------|------------------|---------------------|------------------------------------|
| Addison | 35,383 | 270 | 7.63 |
| Bennington | 35,991 | 424 | 11.76 |
| Chittenden | 145,141 | 912 | 6.28 |
| Franklin | 49,718 | 392 | 7.88 |
| Lamoille | 23,957 | 100 | 4.17 |
| Northeast | 59,018 | 479 | 8.12 |
| Orange | 33,608 | 319 | 9.49 |
| Rutland | 62,501 | 494 | 7.90 |
| Southeast | 90,094 | 558 | 6.19 |
| Washington | 58,582 | 350 | 5.97 |
| Statewide | 593,995 | 4,298 | 7.24 |

Per capita figures are based on the number of clients reported in Quarterly Service Reports (QSR) submitted by Vermont's community service providers, and population figures published by the Vermont Department of Health. Population figures include residents of service areas, regardless of service provider and counts of people served. The population figures are projections for 1997.
DDMHS,R&S,wmb, 8/3/98

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People Served By CMHC Based Substance Abuse Programs By Service Provider and Region of Residence, FY 1997

Region of Residence

| Provider | Addison | Bennington | Chittenden | Franklin/Grand Isle | Lamoille | Northeast | Orange | Rutland | Southeast | Washington | Total |
|----------|---------|------------|------------|---------------------|----------|-----------|--------|---------|-----------|------------|-------|
| CSAC | 209 | | 3 | | | | 5 | 4 | | | 221 |
| UCS | | 394 | 1 | | | | 1 | 1 | 4 | 2 | 403 |
| HMHS | 31 | 1 | 897 | 344 | 6 | 8 | 43 | 2 | 2 | 338 | 1672 |
| FGI | | | 2 | 39 | | | | | | | 41 |
| LCMHS | | | 2 | 6 | 92 | 3 | | | | 1 | 104 |
| NEK | | | 1 | 2 | 2 | 389 | 3 | | 1 | 2 | 400 |
| OCMHS | 1 | 1 | 2 | 1 | | 35 | 239 | 4 | 33 | 3 | 319 |
| RMHS | 29 | 11 | 1 | | | | | 481 | 3 | | 525 |
| MHSSEV | | 17 | 2 | | | 44 | 28 | 2 | 515 | 1 | 609 |
| WCMHS | | | 1 | | | | | | | 3 | 4 |

| | | | | | | | | | | | |
|------------------|--------|--------|---------|--------|--------|--------|--------|--------|--------|--------|---------|
| Total | 270 | 424 | 912 | 392 | 100 | 479 | 319 | 494 | 558 | 350 | 4298 |
| Total Population | 35,383 | 35,991 | 145,141 | 49,718 | 23,957 | 59,018 | 33,608 | 62,501 | 90,094 | 58,582 | 593,995 |
| Per 1,000 | 7.63 | 11.78 | 6.28 | 7.88 | 4.17 | 8.12 | 9.49 | 7.90 | 6.19 | 5.97 | 7.24 |

Based on the number of clients reported in Quarterly Service Reports (QSR) submitted by Vermont's community mental health centers, and population figures published by the Vermont Department of Health.